

MEN'S HEALTH CLINIC

The Men's Health clinic is held once a month, led by Dr Anthony Hall. The clinic provides a clinical setting specifically for men with skin problems involving the genital area.

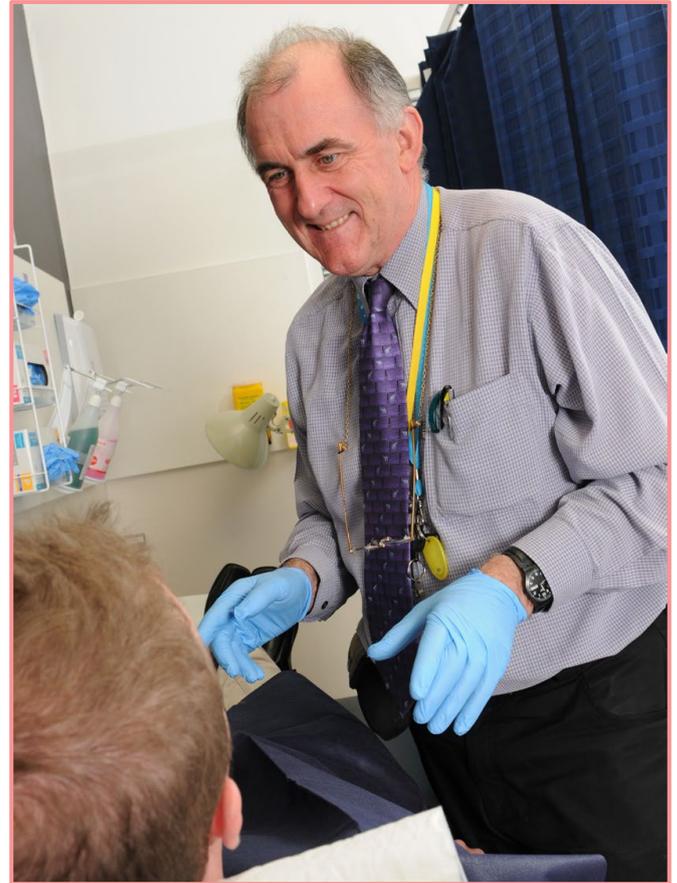
It is hoped patients may feel more comfortable and less threatened in this special clinic setting. Male patients should be aware that both male and female dermatology registrars assist Dr Anthony Hall in the clinic as well as female nurses.

Men's Health clinic patients have unique dermatological needs:

- Common skin disorders affecting the genital region e.g. psoriasis, eczema
- Concerns regarding pigmented (coloured) spots on genitals
- Concerns about possible infections or pre-cancerous lesions of genitals
- Itch, discomfort or a burning sensation of genital region
- Skin conditions that occur specifically on the genitals

THE CLINIC TEAM

The Men's Clinic consists of a consultant dermatologist and a team of dermatology registrars and nurses at the Skin Health Institute.



DURING THE CONSULTATION

Patients are referred to the clinic at the Institute and will have an appointment made with the consultant who will discuss the patient's issues including but not limited to:

- Specific complaint of the genital region
- General health & wellbeing
- Current medications used or previously tried

In addition, an examination of the genital area and any other relevant area of skin will be performed.

Any suspicious lesion may be biopsied on the day of consultation.

BIOPSIES AND EXCISIONS

An excision or biopsy may be performed under local anesthetic. Depending on the size of the wound it may require stitching and a small dressing.

Instructions will be given on how to manage your wound. The stitches are usually self absorbing and dissolve within 3 to 6 weeks.

FOLLOW UP APPOINTMENT

If necessary, suture (stitches) removal can be done by the patient's own GP or back in our clinic.

Patients are reviewed in the men's clinic depending on the need. This may vary according to the individual and the complexity of issues involved in the various treatments.

ANTICOAGULANT MEDICATION

Please inform our doctors if you take any anticoagulant medication such as Aspirin, Plavix or Warfarin.

OTHER INFORMATION

On the day of your appointment, please ensure that you bring along:

- Medicare Card / Veterans Card
- Pension / Health Care Card
- List of your current medications

Getting to the Skin Health Institute

There is metered parking available in the streets close by, and all-day parking at the Melbourne Museum off Rathdowne St. Parliament Station is our nearest train station. Our nearest tram stops are:

- Melbourne Museum (route 86 and 96)
- St Vincent's Plaza (routes 11, 12, 109)
- Swanston St/Queensberry St (routes 1, 3, 5, 6, 16, 64, 67, 72)

Walk through Carlton Gardens to find us on the corner of Drummond St and Queensberry St.