

# CURRICULUM LINKS

LEARNING OBJECTIVES	LEVELS 7 AND 8 CONTENT DESCRIPTIONS		
<h2>LESSON 1</h2>	<p><b>At the end of this lesson, students should be able to:</b></p> <ul style="list-style-type: none"> <li>- Identify the layers, and explain key functions of the skin</li> <li>- Define acne and recognise key steps in acne formation</li> <li>- Correctly identify acne myths</li> <li>- Describe the physical appearance of acne, and the physiological impact on individuals</li> <li>- Understand the psychological impact of acne and identify resources and services available for individuals with acne</li> </ul>	<p><b>Content description<sup>1</sup></b></p> <p>Evaluate strategies to manage personal, physical and social changes that occur as they grow older (VCHPEP124)</p>	<p><b>Elaborations<sup>1</sup></b></p> <ul style="list-style-type: none"> <li>- Accessing and assessing health information and services that support young people to manage changes and transitions as they grow older</li> <li>- Investigating the changing nature of peer and family relationships and proposing strategies to manage these changes</li> <li>- Analysing how roles and responsibilities change and evaluating strategies for managing these increasing responsibilities</li> <li>- Evaluating and practising coping, communication and problem-solving skills to manage changes and emotions associated with puberty and getting older</li> </ul>
<h2>LESSON 2</h2>	<p><b>At the end of this lesson, students should be able to:</b></p> <ul style="list-style-type: none"> <li>- Explain the steps involved in general skin care</li> <li>- Recognise and understand the different ways to treat and manage acne</li> <li>- Understand the role of the doctor and recognise that there are a number of medicines they can prescribe for the treatment of acne</li> <li>- Develop a practical understanding of the ongoing management of acne</li> </ul>	<p><b>Content description<sup>1</sup></b></p> <p>Develop skills to evaluate health information and express health concerns (VCHPEP129)</p>	<p><b>Elaborations<sup>1</sup></b></p> <ul style="list-style-type: none"> <li>- Analysing the credibility of health messages conveyed by different sources</li> <li>- Practising ways to communicate concerns about their health to a variety of support people</li> </ul>

Reference: 1. The Victorian Curriculum F-10.

## #PROJECTACNE

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Date of preparation: September 2017. OTH16-11-0015g.

# LESSON PLAN: LESSON ONE

		TIME	POWERPOINT	WORKSHEET/ HANDOUT
<b>Part A</b>  YOUR CHANGING SKIN	<b>Introduction to skin</b> This gives students a brief overview of the functions and structures of the skin.	10 mins	Lesson 1: slides 3–13	
	<b>Individual activity</b> Students use the 'Your Skin' worksheet to match names and functions to skin structures.	10 mins		 Your skin
	<b>Class discussion</b> Lead a class discussion around acne using questions as a prompt.	15 mins	Lesson 1: slide 15	
	<b>Introduction to acne</b> This gives students an understanding of acne, its formation and causes.	10 mins	Lesson 1: slides 16–18	
	<b>Individual activity (if time permits, or homework task)</b> Using the 'Fact or Fiction' worksheet, students decide whether statements about acne are true or false.	10 mins		 Fact or fiction
<b>Part B</b>  SEEING SPOTS	<b>Introduction to prevalence and causes of acne</b> This gives students an understanding of the prevalence and causes of acne. It will also include a discussion on where to turn to for help.	10 mins	Lesson 1: slides 20–25	
	<b>Individual activity</b> Students compose a list of 1–3 people they could talk to about changes in their skin. They will also nominate a website they could go to for answers if they didn't feel comfortable talking to an adult.	5 mins		 Where to find help
	<b>Introduction to physiological and psychological effects of acne</b> This gives students a brief overview of the physiological and psychological effects of acne.	15 mins	Lesson 1: slides 27–34	
	<b>Individual activity</b> Students will compose a dialogue to a friend offering advice and support.	15 mins		 Helping a friend
	<b>Individual activity (if time permits, or homework task)</b> Students are asked to explore the websites, All About Acne (acne.org.au) and Skin & Cancer Foundation Inc (skincancer.asn.au/acne). After visiting the sites they will be asked to write down 3 facts about acne they found interesting.	15 mins		 Did you know?

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# LESSON PLAN: LESSON TWO

		TIME	POWERPOINT	WORKSHEET/ HANDOUT
<b>Part A</b>  LOOKING AFTER THE SKIN YOU'RE IN	<b>Homework review</b> This provides students with an opportunity to share their interesting acne facts with the class.	5 mins		
	<b>Introduction to general skin care and treatments</b> This gives students an understanding of general skin care and acne treatments.	15 mins	Lesson 2: slides 4–10	
	<b>Group activity</b> Working in pairs, students will 'virtually shop' for skin care products suitable for acne-prone skin using online supermarket or pharmacy websites. They will write a sentence for each product explaining their choice.	30 mins		 Looking after your skin  Your skin care checklist
<b>Part B</b>  DR. SKIN	<b>Introduction on what to expect from a visit to the doctor</b> This gives students an understanding of what they can expect when they visit the doctor for help with acne and what the doctor may prescribe for the treatment of acne.	15 mins	Lesson 2: slides 12–20	
	<b>Individual activity</b> Students develop a poster to demonstrate their understanding of general skin care and acne.	30 mins		 Share your ideas  Facts about your skin and acne

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