

SHARE YOUR IDEAS

Spend the next 20 minutes creating a poster that shares what you've learnt about acne, its effects and how to treat it.

CHOOSE FROM THE FOLLOWING TOPICS:

- **Acne and adolescence:** using pictures instead of words, show how common acne is (approximately 85% of adolescents affected).
- **Causes of acne:** show the causes of acne such as hormones, your family history (hereditary) and stress.
- **The truth about acne:** bust well known acne myths.
- **Skin care routine:** a step-by-step guide to daily skin care.

Once you've finished your poster, volunteers will be asked to share it with the class.

